



UNIVERSITY OF OTTAWA
HEART INSTITUTE
INSTITUT DE CARDIOLOGIE
DE L'UNIVERSITÉ D'OTTAWA

Have you heard about **valvular heart diseases?**

Valvular heart diseases are dysfunctions of the doors that direct blood flow within the heart. These diseases affect hundreds of thousands of people in Canada.

Heart valve problems are often undetected, and late detection may have severe consequences. Our mobile screening program offers early detection, diagnosis and treatment.

A free screening for people 65+ with no known heart issues is available near you.

Your 30- to 60-minute appointment involves:

- a mini ultrasound of your heart
- questioning, measurements, and rapid finger poke blood tests to evaluate your cardiovascular risk factors

A cardiologist will review the results and recommendations will be provided at the end of your visit.

We will be at the Gloucester 50+ Centre (4335 Halmont Dr., Ottawa) on February 11, 2025.

Please complete this form to be added to the waitlist:

<https://forms.office.com/r/bUurABZeDL>. Our staff will contact you then to book you for an appointment.

If you are not able to complete the form, please then call 613 696 7412 to leave a message and use the keyword “50+”.



FREE SCREENING FOR PEOPLE 65+