



UNIVERSITY OF OTTAWA
HEART INSTITUTE
INSTITUT DE CARDIOLOGIE
DE L'UNIVERSITÉ D'OTTAWA

Have you heard about **valvular heart diseases**?

Valvular heart diseases are dysfunctions of the doors that direct blood flow within the heart. These diseases affect hundreds of thousands of people in Canada.

Heart valve problems are often undetected, and late detection may have severe consequences. Our mobile screening program offers early detection, diagnosis and treatment.

A free screening for people 65+ with no known heart issues is available near you.

Your 30- to 60-minute appointment involves:

- a mini ultrasound of your heart
- questioning, measurements, and rapid finger poke blood tests to evaluate your cardiovascular risk factors

A cardiologist will review the results and recommendations will be provided at the end of your visit.

To participate in upcoming clinic at the Pat Clark/ G50+ Centre (4355 Halmont Dr.) on Nov. 6th 2025, please complete this intake form with this link:

<https://survey.ottawaheart.ca/index.php?r=survey/index&sid=839128&lang=en>

or by scanning this QR code with your phone and our staff will contact you with an appointment.



Or Call 613 696-7412 or email at cvhd-msp@ottawaheart.ca with your name, phone number, and location of screening desired.



FREE SCREENING FOR PEOPLE 65+