



UNIVERSITY OF OTTAWA  
HEART INSTITUTE  
INSTITUT DE CARDIOLOGIE  
DE L'UNIVERSITÉ D'OTTAWA

## Have you heard about **valvular heart diseases**?

Valvular heart diseases are dysfunctions of the doors that direct blood flow within the heart. These diseases affect hundreds of thousands of people in Canada.

Heart valve problems are often undetected, and late detection may have severe consequences. Our mobile screening program offers early detection, diagnosis and treatment.

### **Your 30- to 60-minute appointment involves:**

- a mini ultrasound of your heart, a mini electrocardiogram
- assessments, measurements, and rapid finger poke blood tests to evaluate your cardiovascular risk factors
- A cardiologist will review the results and recommendations will be provided at the end of your visit.

**Clinic: February 26, 2026 Limited space available.**

To participate in upcoming clinic at the Pat Clark / Gloucester 50+ Centre at 4355 Halmont Dr. please complete this intake form with this link or by scanning this QR code with your phone and our staff will contact you with an appointment.

<https://survey.ottawaheart.ca/index.php?r=survey/index&sid=839128&lang=en>



Or Call 613 696-7412 or email at [cvhd-msp@ottawaheart.ca](mailto:cvhd-msp@ottawaheart.ca)

